

## Schedule

Distance	Gender	Age Groups	#	Start time	End time	Duration
Start of competition				<a href="#">08:00</a>		
≡ 300m (AK E1 / Pup. D)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">E1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F2</span>	3 Q	<a href="#">08:00</a>	<a href="#">08:09</a>	9 min
≡ 300m (AK E2 / Pup. C)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">E2</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F2</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F1</span>	4 Q	<a href="#">08:09</a>	<a href="#">08:21</a>	12 min
≡ 300m (AK D1 / Pup. B)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">D1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">E1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">E2</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F2</span>	4 Q	<a href="#">08:21</a>	<a href="#">08:33</a>	12 min
≡ 300m (AK D2 / Pup. A)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">D2</span>	4 Q	<a href="#">08:33</a>	<a href="#">08:45</a>	12 min
≡ Eisbereitung				<a href="#">08:45</a>	<a href="#">09:05</a>	20 min
≡ 500m (AK E1 / Pup. D)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">E1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F2</span>	3 Q	<a href="#">09:05</a>	<a href="#">09:16</a>	11 min
≡ 500m (AK E2 / Pup. C)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">E2</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F2</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F1</span>	4 Q	<a href="#">09:16</a>	<a href="#">09:31</a>	15 min
≡ 500m (AK D1 / Pup. B)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">D1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">E1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">E2</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F1</span> <span style="border: 1px solid black; border-radius: 50%; padding: 2px;">F2</span>	4 Q	<a href="#">09:31</a>	<a href="#">09:46</a>	15 min
≡ 500m (AK D2 / Pup. A)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">D2</span>	4 Q	<a href="#">09:46</a>	<a href="#">10:01</a>	15 min
≡ Break				<a href="#">10:01</a>	<a href="#">10:16</a>	15 min
≡ <b>Staffel Pokal</b> Staffel Pokal (8 x 400m)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Open</span>	1 Q	<a href="#">10:16</a>	<a href="#">10:26</a>	10 min
≡ <b>Staffel OOC</b> Staffel OOC (7 x 400 m)	♂	<span style="border: 1px solid black; border-radius: 50%; padding: 2px;">Open</span>	1 Q	<a href="#">10:26</a>	<a href="#">10:36</a>	10 min
End of competition					<a href="#">10:36</a>	

**Mixed 300m Quart. (AK E1 / Pup. D)**

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	153	Hidde BOSMA	NED	STG	E1	-	-
		Out	red	152	Jelle VERHOEVEN	NED	N&V	F1	-	-
-	2	In	yellow	128	Noud LUIJTEN	NED	RSNL	F2	50.07	50.07
		Out	blue	150	Julian ARNHARDT	GER	NRW	E1	47.88	47.88
2	3	In	white	144	Marla GARTZ	GER	ECG	F1	48.36	48.36
		Out	red	129	Louiza EVERS	NED	RSNL	F2	51.37	49.11
-	4	In	yellow	130	Lukas KNOOK	NED	IJCE	E1	45.11	45.11
		Out	blue	151	Alina HORNTASCH	GER	NRW	F1	46.74	46.74
3	5	In	white	107	Bo VAN RIJN	NED	STG	E1	38.78	38.78
		Out	red	115	Ties WIERDA	NED	STD	E1	33.43	33.43
-	6	In	yellow	114	Elske DE VRIES	NED	STD	E1	36.67	36.67
		Out	blue	143	Bastian HORNTASCH	GER	ECG	F2	40.21	40.21

**Mixed 300m Quart. (AK E2 / Pup. C)**

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	127	Siem VAN DEN HAM	NED	RSNL	E2	-	-
		-	-	-	-	-	-	-	-	-
2	3	In	white	113	Ingmar LEFFERTSTRA	NED	STD	F2	44.47	44.47
		Out	red	154	Carel KÄSTNER	GER	NRW	F2	-	-
-	4	In	yellow	132	Thomas WILLEMS	NED	IJCE	E2	40.64	40.64
		Out	blue	156	Ronja WIEGMANN	GER	NRW	F1	-	-
3	5	In	white	131	Pia VAN DEN HEUVEL	NED	IJCE	E2	39.01	39.01
		Out	red	142	Michelle SATTTLER	GER	ECG	E2	39.12	39.12
-	6	In	yellow	121	Jens BIJL	NED	N&V	E2	37.85	37.85
		Out	blue	141	Matthias GARTZ	GER	ECG	E1	38.34	38.34
4	7	In	white	105	Sophie ANKERSMIT	NED	STG	E2	33.51	33.51
		Out	red	120	Sarah POTTERS	NED	N&V	E2	35.82	35.82
-	8	In	yellow	106	Bryan MOLENAAR	NED	STG	E2	31.94	31.94
		Out	blue	112	Anna DE VEGT	NED	STD	E2	32.40	32.40

**Mixed 300m Quart. (AK D1 / Pup. B)**

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	111	Jurre VAN DIJK	NED	STD	D1	-	37.90
		Out	red	125	Julian VEENJE	NED	RSNL	E2	-	-
2	3	In	white	148	Leah BORSBACH	GER	NRW	F2	47.87	47.87
		Out	red	126	Sofie VENNEKENS	NED	RSNL	D1	-	55.62
-	4	In	yellow	119	Wessel BOERE	NED	N&V	D1	41.16	41.16
		Out	blue	147	Ben SLUITER	GER	NRW	E2	40.33	40.33
3	5	In	white	134	Ties AERTS	NED	IJCE	D1	40.04	40.04
		Out	red	118	Robin DE KWAASTENIET	NED	N&V	E2	43.48	43.48
-	6	In	yellow	140	Anastasia SCHMIDT	GER	ECG	E2	37.35	37.35
		Out	blue	104	Jaap WIERING	NED	STG	D1	39.06	37.39
4	7	In	white	139	Frederico HOTH	GER	ECG	E2	35.66	35.66
		Out	red	103	Myrthe VAN DER PUTTEN	NED	STG	D1	38.90	38.90
-	8	In	yellow	133	Danika VONDELING	NED	IJCE	D1	33.17	33.17
		Out	blue	110	Danique LEFFERTSTRA	NED	STD	D1	34.86	34.69

**Mixed 300m Quart. (AK D2 / Pup. A)**

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	124	Saar VAN DEN HAM	NED	RSNL	D2	-	-
		Out	red	117	Vince THAKOER	NED	N&V	D2	-	-
2	3	In	white	136	Roan GOORDEN	NED	IJCE	D2	40.03	40.03
		Out	red	123	Liam EVERS	NED	RSNL	D2	52.39	52.39
-	4	In	yellow	135	Rona VREE	NED	IJCE	D2	36.75	36.75
		Out	blue	155	Greta POHL	GER	NRW	D2	37.61	37.61
3	5	In	white	108	Doutzen WIERDA	NED	STD	D2	30.07	30.07
		Out	red	146	Finn ARNHARDT	GER	NRW	D2	34.08	34.08
-	6	In	yellow	101	Nina DEKKER	NED	STG	D2	30.26	30.26
		Out	blue	138	Melina TERSTAPPEN	GER	ECG	D2	31.53	31.53
4	7	In	white	102	Bjorn KROON	NED	STG	D2	29.30	29.30
		Out	red	137	Emil PRILL	GER	ECG	D2	29.61	29.61
-	8	In	yellow	116	Laurena VAN DOORN	NED	N&V	D2	28.60	28.60
		Out	blue	109	Sverre DE VEGT	NED	STD	D2	28.61	28.61

\*\*\*\*\* Eisbereitung (geplant) \*\*\*\*\*

**Mixed 500m Quart. (AK E1 / Pup. D)**

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	144	Marla GARTZ	GER	ECG	F1	-	-
		Out	red	152	Jelle VERHOEVEN	NED	N&V	F1	-	-
-	2	In	yellow	128	Noud LUIJTEN	NED	RSNL	F2	-	1:31.66
		Out	blue	143	Bastian HORNTASCH	GER	ECG	F2	-	1:25.69
2	3	In	white	153	Hidde BOSMA	NED	STG	E1	-	-
		Out	red	151	Alina HORNTASCH	GER	NRW	F1	-	-
-	4	In	yellow	150	Julian ARNHARDT	GER	NRW	E1	1:20.68	1:20.68
		Out	blue	129	Louiza EVERS	NED	RSNL	F2	-	-
3	5	In	white	114	Elske DE VRIES	NED	STD	E1	1:02.62	1:02.62
		Out	red	130	Lukas KNOOK	NED	IJCE	E1	1:13.06	1:13.06
-	6	In	yellow	115	Ties WIERDA	NED	STD	E1	55.11	55.11
		Out	blue	107	Bo VAN RIJN	NED	STG	E1	1:06.24	1:06.24

**Mixed 500m Quart. (AK E2 / Pup. C)**

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	156	Ronja WIEGMANN	GER	NRW	F1	-	-
		Out	-	-	-	-	-	-	-	-
2	3	In	white	154	Carel KÄSTNER	GER	NRW	F2	-	-
		Out	red	127	Siem VAN DEN HAM	NED	RSNL	E2	-	-
-	4	In	yellow	132	Thomas WILLEMS	NED	IJCE	E2	1:10.05	1:10.05
		Out	blue	113	Ingmar LEFFERTSTRA	NED	STD	F2	1:17.66	1:17.66
3	5	In	white	121	Jens BIJL	NED	N&V	E2	1:04.27	1:04.27
		Out	red	142	Michelle SATTTLER	GER	ECG	E2	1:07.95	1:07.95
-	6	In	yellow	131	Pia VAN DEN HEUVEL	NED	IJCE	E2	1:03.98	1:03.98
		Out	blue	141	Matthias GARTZ	GER	ECG	E1	1:04.96	1:04.96
4	7	In	white	105	Sophie ANKERSMIT	NED	STG	E2	54.83	54.83
		Out	red	120	Sarah POTTERS	NED	N&V	E2	58.72	58.72
-	8	In	yellow	112	Anna DE VEGT	NED	STD	E2	50.25	50.25
		Out	blue	106	Bryan MOLENAAR	NED	STG	E2	51.52	51.52

**Mixed 500m Quart. (AK D1 / Pup. B)**

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	126	Sofie VENNEKENS	NED	RSNL	D1	-	1:23.64
		Out	red	148	Leah BORSBACH	GER	NRW	F2	-	-
2	3	In	white	139	Frederico HOTH	GER	ECG	E2	1:10.74	1:01.91
		Out	red	125	Julian VEENJE	NED	RSNL	E2	-	-
-	4	In	yellow	147	Ben SLUITER	GER	NRW	E2	1:08.97	1:08.97
		Out	blue	118	Robin DE KWAASTENIET	NED	N&V	E2	-	1:22.22
3	5	In	white	140	Anastasia SCHMIDT	GER	ECG	E2	1:05.48	1:05.48
		Out	red	119	Wessel BOERE	NED	N&V	D1	1:06.36	1:06.36
-	6	In	yellow	134	Ties AERTS	NED	IJCE	D1	1:05.05	1:05.05
		Out	blue	103	Myrthe VAN DER PUTTEN	NED	STG	D1	1:05.40	1:05.40
4	7	In	white	111	Jurre VAN DIJK	NED	STD	D1	57.37	57.37
		Out	red	104	Jaap WIERING	NED	STG	D1	1:01.49	1:01.31
-	8	In	yellow	133	Danika VONDELING	NED	IJCE	D1	54.80	54.80
		Out	blue	110	Danique LEFFERTSTRA	NED	STD	D1	56.47	55.84

**Mixed 500m Quart. (AK D2 / Pup. A)**

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	124	Saar VAN DEN HAM	NED	RSNL	D2	-	-
		Out	red	117	Vince THAKOER	NED	N&V	D2	-	-
2	3	In	white	155	Greta POHL	GER	NRW	D2	1:03.06	1:03.06
		Out	red	123	Liam EVERS	NED	RSNL	D2	-	1:12.14
-	4	In	yellow	146	Finn ARNHARDT	GER	NRW	D2	55.48	55.48
		Out	blue	135	Rona VREE	NED	IJCE	D2	58.19	58.19
3	5	In	white	138	Melina TERSTAPPEN	GER	ECG	D2	50.60	50.60
		Out	red	136	Roan GOORDEN	NED	IJCE	D2	55.14	55.14
-	6	In	yellow	101	Nina DEKKER	NED	STG	D2	47.07	47.07
		Out	blue	108	Doutzen WIERDA	NED	STD	D2	47.77	47.77
4	7	In	white	116	Laurena VAN DOORN	NED	N&V	D2	45.96	45.96
		Out	red	102	Bjorn KROON	NED	STG	D2	46.89	46.89
-	8	In	yellow	109	Sverre DE VEGT	NED	STD	D2	44.77	44.77
		Out	blue	137	Emil PRILL	GER	ECG	D2	45.95	45.95

## Staffel Pokal (8 x 400m)

Race	Lane	Teamname	Nation	Club	Age Group
1	1	ECG	GER	ECG	E1
		Emil PRILL	GER	ECG	D2
		Melina TERSTAPPEN	GER	ECG	D2
		Frederico HOTH	GER	ECG	E2
		Anastasia SCHMIDT	GER	ECG	E2
		Matthias GARTZ	GER	ECG	E1
		Michelle SATTLER	GER	ECG	E2
		Bastian HORNTASCH	GER	ECG	F2
Marla GARTZ	GER	ECG	F1		
2	2	STD	NED	STD	E2
		Doutzen WIERDA	NED	STD	D2
		Sverre DE VEGT	NED	STD	D2
		Danique LEFFERTSTRA	NED	STD	D1
		Jurre VAN DIJK	NED	STD	D1
		Anna DE VEGT	NED	STD	E2
		Ingmar LEFFERTSTRA	NED	STD	F2
		Elske DE VRIES	NED	STD	E1
Ties WIERDA	NED	STD	E1		
3	3	STG	NED	STG	E2
		Nina DEKKER	NED	STG	D2
		Bjorn KROON	NED	STG	D2
		Myrthe VAN DER PUTTEN	NED	STG	D1
		Jaap WIERING	NED	STG	D1
		Sophie ANKERSMIT	NED	STG	E2
		Bryan MOLENAAR	NED	STG	E2
		Bo VAN RIJN	NED	STG	E1
Hidde BOSMA	NED	STG	E1		
4	4	NRW	GER	NRW	E1
		Finn ARNHARDT	GER	NRW	D2
		Ben SLUITER	GER	NRW	E2
		Leah BORSBACH	GER	NRW	F2
		Julian ARNHARDT	GER	NRW	E1
		Alina HORNTASCH	GER	NRW	F1
		Carel KÄSTNER	GER	NRW	F2
		Greta POHL	GER	NRW	D2
Ronja WIEGMANN	GER	NRW	F1		

## Staffel OOC (7 x 400m - Out of Competition)

Race	Lane	Teamname	Nation	Club	Age Group
1	1	IJCE	NED	IJCE	D2
		Lukas KNOOK	NED	IJCE	E1
		Pia VAN DEN HEUVEL	NED	IJCE	E2
		Thomas WILLEMS	NED	IJCE	E2
		Danika VONDELING	NED	IJCE	D1
		Ties AERTS	NED	IJCE	D1
		Rona VREE	NED	IJCE	D2
Roan GOORDEN	NED	IJCE	D2		
2	2	RSNL	NED	RSNL	F2
		Liam EVERS	NED	RSNL	D2
		Saar VAN DEN HAM	NED	RSNL	D2
		Julian VEENJE	NED	RSNL	E2
		Sofie VENNEKENS	NED	RSNL	D1
		Siem VAN DEN HAM	NED	RSNL	E2
		Noud LUIJTEN	NED	RSNL	F2
Louiza EVERS	NED	RSNL	F2		
4	4	N&V	NED	N&V	D1
		Laurena VAN DOORN	NED	N&V	D2
		Vince THAKOER	NED	N&V	D2
		Robin DE KWAASTENIET	NED	N&V	E2
		Wessel BOERE	NED	N&V	D1
		Sarah POTTERS	NED	N&V	E2
		Jens BIJL	NED	N&V	E2
		Jelle VERHOEVEN	NED	N&V	F1