

3. Grefrath Pokal (07.02.2026) - Startliste Eissportzentrum – (GER) / 07.02.2026

Mixed 100m (07.02.2026) - Open

Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	In	white	166	Mika ALBERTZ	GER	-	E1	-	-
	Out	red	163	Ben STEELS	GER	-	F1	-	-
2	In	white	165	Lena JUSTYNIARSKA	GER	-	E1	-	-
	Out	red	164	Jonas STEELS	GER	-	F1	-	-
3	In	white	161	Helena ZAREMBA	GER	-	F2	-	-
	Out	red	162	Felix STEELS	GER	-	F2	-	-
4	In	white	160	Niklas POT D'OR	GER	-	F1	-	-
	Out	red	159	Jonas POT D'OR	GER	-	F1	-	-
5	In	white	158	Amelie WALTER	GER	-	E2	-	-
	Out	red	157	Mina WIJNANDS	GER	-	F1	-	-
6	In	white	156	Lena KRAWCZYSZYN	GER	-	F2	-	-
	Out	red	154	Julia PRZYGODZKA	GER	-	E1	-	-
7	In	white	155	Amelia PODLOCH	GER	-	E1	-	-
	Out	red	153	Tim BOEHNE	GER	-	F2	-	-

Mixed 100m (07.02.2026) AK F

Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	In	white	147	Ronja WIEGMANN	GER	ECG	F2	-	-
	Out	red	140	Anne DANIEL	GER	ECG	F1	-	-
2	In	white	148	Josephine DIEDRICH	GER	ECG	F2	-	-
	Out	red	113	Joris LUIJTEN	NED	RSNL	F2	-	-
3	In	white	134	Oscar GOTTFRIED	GER	ECG	F1	17.21	17.21
	Out	red	142	Maja GOTTFRIED	GER	ECG	F1	19.48	19.48
4	In	white	143	Alina HORNTASCH	GER	ECG	F1	14.97	14.97
	Out	red	137	Alexander SCHMIDT	GER	ECG	F2	15.23	15.23
5	In	white	103	Maxim KOWTUN	GER	KEK	F2	14.14	14.14
	Out	red	141	Marla GARTZ	GER	ECG	F2	14.81	14.81

Mixed 500m Quart. (07.02.2026) AK E

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	119	Louiza EVERS	NED	RSNL	E1	1:16.99	1:16.99
		Out	red	144	Elisa PASCH-KLAAS	GER	ECG	E1	-	-
2	3	In	white	139	Leah BORSBACH	GER	ECG	E1	1:15.61	1:15.61
		Out	red	114	Noud LUIJTEN	NED	RSNL	E1	1:16.59	1:16.59
-	4	In	yellow	133	Matthias GARTZ	GER	ECG	E2	56.23	56.23
		Out	blue	135	Bastian HORNTASCH	GER	ECG	E1	59.80	59.80

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Mixed 500m Quart. (07.02.2026) AK B/A/Senior/Master

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In -	white -	112 -	Alexandra CASPERS -	GER -	ECG -	A2 -	59.92 -	59.92 -
-	2	In Out	yellow blue	151 106	Oliver DIETRICH Marie LACKNER	GER GER	ECG KEK	M60 B2	1:02.17 -	1:01.73 1:02.40
2	3	In Out	white red	107 118	Charlotte PUSCHMANN Ivo KISTERS	GER NED	KEK RSNL	M30 B2	52.75 55.05	52.75 54.97
-	4	In Out	yellow blue	152 115	Marian KOWALKOWSKI Pim AERDTS	GER NED	ECG RSNL	M70 B2	51.82 52.28	51.37 52.28
3	5	In Out	white red	121 117	Laurin EVERS Stan AERDTS	GER NED	- RSNL	B1 A1	50.20 51.08	50.20 51.08
-	6	In Out	yellow blue	131 102	Antonina SCHMIDT Raffael BULA	GER GER	ECG KEK	B1 B2	49.08 50.02	49.08 50.02
4	7	In Out	white red	130 128	Greta RAKELS Fiona LEEWEN	GER GER	ECG ECG	B1 B2	47.29 49.98	47.29 48.28
-	8	In Out	yellow blue	127 111	Magdalena BURAU Marvin ZEISSBERG	GER GER	ECG ECG	B1 M30	46.40 49.03	46.40 47.16
5	9	In Out	white red	101 109	David BULA Dominik SCHAUERTE	GER GER	KEK KEK	A1 B1	48.07 45.98	44.17 45.98
-	10	In Out	yellow blue	126 108	Matthias LANDWEHRS Irene HÖRNSCHEMEYER	GER GER	ECG ECG	Neo A1	48.31 42.58	41.89 42.58

Mixed 500m Quart. (07.02.2026) AK D

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In Out	white red	124 138	Mara SCHRAMM Mattes STEIN	GER GER	ESV ECG	D1 D1	1:13.26 1:16.06	1:13.26 1:16.06
-	2	In Out	yellow blue	123 145	Amira KNÜLLE Michelle SATTLER	GER GER	ESV ECG	D2 D1	57.70 59.97	57.70 59.97
2	3	In Out	white red	146 122	Anastasia SCHMIDT Jakob GRAEFE	GER GER	ECG ESV	D1 D2	54.82 55.94	54.82 55.94
-	4	In Out	yellow blue	149 136	Polina CHEREVATENKO Frederico HOTH	UKR GER	KEK ECG	D2 D1	51.98 52.72	51.98 52.72

Mixed 500m Quart. (07.02.2026) AK C

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In -	white -	120 -	Liam EVERS -	NED -	RSNL -	C1 -	- -	1:04.97 -
-	2	In Out	yellow blue	110 116	Greta POHL Ruben AERDTS	GER NED	ECG RSNL	C1 C2	58.81 59.95	58.81 59.95
2	3	In Out	white red	132 150	Melina TERSTAPPEN Finn ARNHARDT	GER GER	ECG ECG	C1 C1	47.41 55.46	47.41 54.25
-	4	In Out	yellow blue	125 129	Emil PRILL Jule NEUY	GER GER	ECG ECG	C1 C2	43.38 46.26	43.38 46.26

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***** ICE-PREPARATION *****

Mixed 500m Quart. (07.02.2026) Open

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	153	Tim BOEHNKE	GER	-	F2	-	-
		Out	red	154	Julia PRZYGODZKA	GER	-	E1	-	-
2	3	In	white	155	Amelia PODLOCH	GER	-	E1	-	-
		Out	red	156	Lena KRAWCZYSZYN	GER	-	F2	-	-
-	4	In	yellow	157	Mina WIJNANDS	GER	-	F1	-	-
		Out	blue	158	Amelie WALTER	GER	-	E2	-	-
3	5	In	white	159	Jonas POT D'OR	GER	-	F1	-	-
		Out	red	160	Niklas POT D'OR	GER	-	F1	-	-
-	6	In	yellow	161	Helena ZAREMBA	GER	-	F2	-	-
		Out	blue	162	Felix STEELS	GER	-	F2	-	-
4	7	In	white	164	Jonas STEELS	GER	-	F1	-	-
		Out	red	165	Lena JUSTYNIARSKA	GER	-	E1	-	-
-	8	In	yellow	163	Ben STEELS	GER	-	F1	-	-
		Out	blue	166	Mika ALBERTZ	GER	-	E1	-	-

Mixed 500m Quart. (07.02.2026) AK F

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	147	Ronja WIEGMANN	GER	ECG	F2	-	-
		Out	red	142	Maja GOTTFRIED	GER	ECG	F1	-	-
2	3	In	white	140	Anne DANIEL	GER	ECG	F1	-	-
		Out	red	148	Josephine DIEDRICH	GER	ECG	F2	-	-
-	4	In	yellow	134	Oscar GOTTFRIED	GER	ECG	F1	-	1:30.86
		Out	blue	113	Joris LUIJTEN	NED	RSNL	F2	-	-
3	5	In	white	137	Alexander SCHMIDT	GER	ECG	F2	1:14.90	1:14.90
		Out	red	143	Alina HORNTASCH	GER	ECG	F1	-	1:18.91
-	6	In	yellow	141	Marla GARTZ	GER	ECG	F2	1:09.60	1:09.60
		Out	blue	103	Maxim KOWTUN	GER	KEK	F2	1:11.93	1:11.93

Mixed 1000m Quart. (07.02.2026) AK E

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In	white	133	Matthias GARTZ	GER	ECG	E2	-	-
		Out	red	135	Bastian HORNTASCH	GER	ECG	E1	-	-
2	3	In	white	139	Leah BORSBACH	GER	ECG	E1	-	-
		Out	red	144	Elisa PASCH-KLAAS	GER	ECG	E1	-	-
-	4	In	yellow	114	Noud LUIJTEN	NED	RSNL	E1	-	2:56.19
		Out	blue	119	Louiza EVERS	NED	RSNL	E1	-	-

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Mixed 1000m Quart. (07.02.2026) AK B/A/Senior/Master

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In -	white -	106 -	Marie LACKNER -	GER -	KEK -	B2 -	- -	- -
-	2	In Out	yellow blue	112 102	Alexandra CASPERS Raffael BULA	GER GER	ECG KEK	A2 B2	2:19.24 -	2:06.90 2:08.18
2	3	In Out	white red	118 151	Ivo KISTERS Oliver DIETRICH	NED GER	RSNL ECG	B2 M60	- -	1:58.92 2:03.93
-	4	In Out	yellow blue	107 115	Charlotte PUSCHMANN Pim AERDTS	GER NED	KEK RSNL	M30 B2	1:56.38 -	1:56.38 1:57.99
3	5	In Out	white red	121 117	Laurin EVERS Stan AERDTS	GER NED	- RSNL	B1 A1	- -	1:53.33 1:53.34
-	6	In Out	yellow blue	131 152	Antonina SCHMIDT Marian KOWALKOWSKI	GER GER	ECG ECG	B1 M70	1:40.86 1:47.15	1:40.86 1:43.86
4	7	In Out	white red	128 109	Fiona LEEWEN Dominik SCHAUERTE	GER GER	ECG KEK	B2 B1	1:39.24 1:37.43	1:37.11 1:37.43
-	8	In Out	yellow blue	111 130	Marvin ZEISSBERG Greta RAKELS	GER GER	ECG ECG	M30 B1	1:37.15 1:36.17	1:33.65 1:36.17
5	9	In Out	white red	101 127	David BULA Magdalena BURAU	GER GER	KEK ECG	A1 B1	1:36.47 1:32.32	1:32.20 1:32.32
-	10	In Out	yellow blue	126 108	Matthias LANDWEHRS Irene HÖRNSCHEMEYER	GER GER	ECG ECG	Neo A1	- 1:25.30	1:23.62 1:25.30

Mixed 1500m Quart. (07.02.2026) AK D

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In Out	white red	138 124	Mattes STEIN Mara SCHRAMM	GER GER	ECG ESV	D1 D1	4:03.81 4:11.00	4:03.81 4:11.00
-	2	In Out	yellow blue	145 123	Michelle SATTLER Amira KNÜLLE	GER GER	ECG ESV	D1 D2	3:34.30 3:37.66	3:34.30 3:37.66
2	3	In Out	white red	146 136	Anastasia SCHMIDT Frederico HOTH	GER GER	ECG ECG	D1 D1	3:21.13 3:30.70	3:21.13 3:30.70
-	4	In Out	yellow blue	149 122	Polina CHEREVATENKO Jakob GRAEFE	UKR GER	KEK ESV	D2 D2	3:06.90 3:13.00	3:02.76 3:13.00

Mixed 1500m Quart. (07.02.2026) AK C

Quart.	Pair	Lane	Color	Nr	Name	Country	Club	AG	SB	PB
1	1	In -	white -	116 -	Ruben AERDTS -	NED -	RSNL -	C2 -	- -	3:27.75 -
-	2	In Out	yellow blue	150 120	Finn ARNHARDT Liam EVERS	GER NED	ECG RSNL	C1 C1	3:05.27 -	3:05.27 -
2	3	In Out	white red	132 110	Melina TERSTAPPEN Greta POHL	GER GER	ECG ECG	C1 C1	2:37.90 3:05.07	2:37.90 3:05.07
-	4	In Out	yellow blue	125 129	Emil PRILL Jule NEUY	GER GER	ECG ECG	C1 C2	2:20.94 2:26.76	2:20.94 2:26.76

3. Grefrath Pokal (07.02.2026) - Startliste Eissportzentrum – (GER) / 07.02.2026

Distance	Pairs	Start time	End time	Duration
Start of competition		19:30	19:30	
100m (2x 100/500) Open	7 P	19:30	19:40	10:30 min
100m (2x 100/500) AK F	5 P	19:40	19:47	7:30 min
500m (2x 500/1000) AK E	2 Q	19:47	19:54	7:30 min
500m (2x 500/1000) AK B/A/Senior/Master	5 Q	19:54	20:12	18:45 min
500m (2x 500/1500) AK D	2 Q	20:12	20:19	7:30 min
500m (2x 500/1500) AK C	2 Q	20:19	20:26	7:30 min
Ice preparation		20:26	20:46	20:00 min
500m (2x 100/500) Open	4 Q	20:46	21:01	15:00 min
500m (2x 100/500) AK F	3 Q	21:01	21:12	11:15 min
1000m (2x 500/1000) AK E	2 Q	21:12	21:18	6:00 min
1000m (2x 500/1000) AK B/A/Senior/Master	5 Q	21:18	21:33	15:00 min
1500m (2x 500/1500) AK D	2 Q	21:33	21:40	7:30 min
1500m (2x 500/1500) AK C	2 Q	21:40	21:47	7:30 min
End of competition		21:47	21:47	